

New Technology, Old Fashioned Service

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DOCTOR TALKER

I had a young client in our office a few weeks ago. We were chatting and he said, "I have to tell you a story." So I told him to go ahead, I was ready to hear it. He said that he would have nightmares about coming to the dental office. In the nightmare he came out ok. It got me to thinking though that no one wants to be the main character in a nightmare. We laughed about this for a little while. He did too and said that honestly he doesn't know why he has that nightmare because he has a great experience when he comes to our office.

There is a lot going on in the world. Unbeknownst to you there is a lot going on in the world of Dentistry. One thing that is of concern is how the Dental Insurance companies influence the care that is given to some clients. Another is the incredible cost of getting a dental degree from a dental school and then trying to come out and start a practice. Both of these factors influence the cost of dentistry. That can be a nightmare.

Imagine having incredible debt and needing to generate revenue. This can be an ethical dilemma. Should we do a crown on a tooth instead of a simple restoration that will restore the tooth to function and last a long time. The other side of the coin is the conundrum of doing a really large
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filling because it would be less expensive and avoiding a crown which would last longer, protect the tooth and let the client chew and smile and continue on with life with few concerns.

Another nightmare is the situation when a person does not try and get regular dental care. Now by regular I do not mean weekly, but am referring to the window that one should follow to avoid larger problems. That window being 6 months to a year, depending on each person. If one waits until it hurts that usually means one of two things: Losing the tooth or have root canal treatment and a crown. We had the instance of a client being advised last March to come have a filling done within the next week or so. He waited until September and it was root canal treatment or extraction.

I hope you know that we do not fabricate or makeup treatment options for you. My goal is to present all options, suggest the preferred option and together work out what is best for you and your life. The is an ethical position as well as a professional one. We always look forward to serving you.

Dr. Oman's Reading List

The Rustlers of West Fork by Louis L'Amour ♥♥♥

Where Are The Customers'

Yachts? by Fred Schwed, Jr. ♥♥♥♥

Pistol: The Life of Pete Maravich

by Mark Kriegel ♥♥♥

Duty and Honor by Tom Clancy and Grant Blackwood ♥♥1/2

Off the Grid by C. J. Box ♥♥♥1/2

The Lincoln Hypothesis by Tim Ballard ♥♥♥♥

The Washington Hypothesis by Tim Ballard ♥♥♥♥

Washington and Hamilton by Stephen F.I Knottt and Tony Williams ♥♥♥

Crisis of Character by Gary J. Byrne ♥♥♥

The War on Cops by Heather MacDonald ♥♥♥

Exceptional Americans by Donald Surber ♥♥♥

Black Lies Matter by Taleeb Starks ♥♥♥1/2

Flint by Louis L'Amour ♥♥♥

The Complete Far Side by Gary Larson ♥♥♥♥

Fatal Mis-Conception by Matthew Connelly ♥♥♥

Heroes & Villains: The True Story of the Beach Boys by Steven Gaines ♥♥

I recently attended the California Dental Association meeting in San Francisco. This was not for continuing education per se but I had an assignment to go and listen to all the speakers and see if any of them would be of interest to Utah Dentists. There were some fascinating topics.

Journey to the Center of the Web

The Older Adult: The New Face of Addiction

Women and Nutrition

Some Days You're the Pigeon,

Some Days the Statue

Sex and Oral Health: What's the Connection

Lumps and Bumps in the Mouth

As you can see by those titles the practice of dentistry isn't just drilling and filling. There are many different things that can affect your oral health. They range from communication in the office, the Internet, Nutrition and how you take care of yourself and recognizing when treatment is needed for something pathological. We are committed to be "up with the latest" in dentistry, just for you.

My phone rang the other day and it was a dear friend. He was driving up to Ogden and wanted to get together for lunch. He told me to meet them at the Browning Museum in the Union Station building in Ogden. It was raining, I couldn't golf or work in the yard so I hopped in the car and headed north from my home. I arrived, purchased a ticket to the museum and headed out looking for them. When we finally met it was good to see him and the others there with him, I knew all of them from prior meetings.

We looked around the railroad exhibits there and talked of several things. He has some health problems now and is battling one in particular that is challenging. Then the tough part came, trying to decide where to go to lunch. Here is where technology can help I suppose. Phones were pulled out and Google activated and finally a location was decided upon. We drove there and spent some time talking about various topics.

I met this friend the first time in 1988. Our families have had many great experiences together. He has shared many things that have influenced me. So as we sat he reminisced about quite a few different occurrences during our long friendship. There were smiles and laughs and serious moments as we talked of the past and wondered about the future.

This is worth mentioning because friendship is so valuable. A few weeks ago another dear friend asked me how many friends I had that I could tell anything to, or trust them under any circumstance. Usually that is a difficult question to answer and I do not know how you would answer it, but I had to admit that it is sometimes a difficult thing to bare one's soul to just anyone.

Friendship is valuable. It is a great feeling to really like someone, as a friend. We have many people in our lives who we are friendly with, but if you are like me you value those that are truly your friends; the relationship I try to achieve with our clients over time is friendship too.